

HWorks Mock Exam Results

Level 1 Award in Substance Misuse Awareness (RQF) Mock Examination

#1. | Substances such as cannabis and psychoactives are typically taken to:
(Time Spent: 3s) (1 mark)

- ☐ help an individual become rich
- ☒ relax and relieve anxiety
- ☐ increase grades in school
- ☐ rebel against family members



#2. | Which of the following is an effective way for communities to respond to substance use issues?
(Time Spent:) (1 mark)

- ☒ Providing access to rehabilitation and support services
- ☐ Encouraging social isolation of substance users
- ☐ Increasing penalties for substance use without offering support
- ☐ Relying solely on law enforcement to handle substance use cases



#3. | Which of the following is a potential sign of ecstasy use?
(Time Spent:) (1 mark)

- ☐ Slurred speech
- ☐ Shallow breathing
- ☐ Dilated pupils
- ☒ Hyperactivity



#4. | Stereotyping impacts individuals who misuse substances by:
(Time Spent:) (1 mark)

- ☒ contributing to feelings of shame and isolation
- ☐ encouraging social acceptance
- ☐ promoting healthy coping mechanisms
- ☐ reinforcing positive self-esteem



#5. | What is a common harmful effect of long-term alcohol misuse?
(Time Spent:) (1 mark)

- ☐ Back pain
- ☐ Loss of vision
- ☒ Liver damage
- ☐ Loss of taste



#6. | Which of the following will contribute to someone developing a problem with substances?
(Time Spent:) (1 mark)

- ☐ Family awareness of drug trends
- ☒ A family history of substance misuse
- ☐ Sibling rivalry
- ☐ Parental involvement in education



#7. | Exaggerated media reporting typically influences how people see substance misuse by:
(Time Spent:) (1 mark)

- ☐ reducing stigma
- ☐ promoting unbiased discussions
- ☒ reinforcing stereotypes
- ☐ encouraging open dialogue



#8. | What is a recommended source for evidence-based information and guidance on substance use?
(Time Spent:) (1 mark)

- ☐ Personal blogs
- ☐ Social media influencers
- ☐ Anonymous online chat rooms
- ☒ Government health websites



#9. | Runny nose and bloodshot eyes are a symptom of cocaine use. What other common illness do they relate to?
(Time Spent:) (1 mark)

- ☒ Hay fever
- ☐ Travel sickness
- ☐ Chicken pox
- ☐ Eye infection



#10. | What is a credible source for understanding the impact of substance misuse on public health?
(Time Spent:) (1 mark)

- ☐ Celebrity gossip magazines
- ☒ World Health Organisation (WHO) reports and publications
- ☐ Personal stories on social media
- ☐ Fashion and lifestyle blogs



#11. | What is an effect of widespread opioid misuse?
(Time Spent:) (1 mark)

- ☐ Decreased crime rates
- ☐ Improved community bonding
- ☐ Enhanced workplace productivity

☐ Increased strain on emergency services ✓

#12. | A stimulant can affect a person by:
(Time Spent:) (1 mark)

- ☐ increasing their heart rate ✓
- ☐ decreasing their concentration
- ☐ making them drowsy
- ☐ causing light-headedness
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#13. | What is a possible effect of negative media coverage on individuals struggling with substance use?
(Time Spent:) (1 mark)

- ☐ Increased access to treatment and support services
- ☐ Reduction in substance use due to fear of media exposure
- ☐ Stigmatisation and discrimination against substance users ✓
- ☐ Improved community support and acceptance
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#14. | Substance misuse can be prevented by:
(Time Spent:) (1 mark)

- ☐ promoting substance use on social media
- ☐ implementing educational programs and awareness campaigns ✓
- ☐ requiring mandatory counselling sessions for all individuals
- ☐ increasing availability and accessibility of substances
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#15. | Which of the following is a plant-based hallucinogen?
(Time Spent:) (1 mark)

- ☐ Morphine
- ☐ Ketamine
- ☐ Magic mushrooms ✓
- ☐ Opioids
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Grade: Fail | Multi Choice Question Score: 0/15

Expected Time Limit: 30m

Time Spent: 3s